



**BE**  
BE BASKETBALL

**UDST- UNIVERSITY  
OF DOHA  
TRAINING SCHEDULE**



TEAM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
LEAGUE	—	—	—	—	—	10:00 - 15:00
8U 10U	16:00-17:00 17:00-18:00 (GIRLS ONLY)	—	—	—	16:00-17:00 17:00-18:00 (GIRLS ONLY)	—
14U 16U	18:00 - 19:30 (BOYS ONLY)	—	—	18:00 - 19:30 (BOYS ONLY)	—	—
16U	18:00-19:45 (GIRLS ONLY)	—	17:00 - 18:15 (GIRLS ONLY)	—	—	—
12U 14U	—	16:00 - 17:15 17:15 - 18:30 (GIRLS ONLY)	—	16:00 - 17:15 17:15 - 18:30 (GIRLS ONLY)	—	—
10U 12U 14U	—	16:30 - 17:30 17:30 - 18:30 (MIX SESSIONS)	—	—	16:30 - 17:30 17:30 - 18:30 (MIX SESSIONS)	—